



Dalwallinu & Surrounds



Your Guide to Home Care Support & Services

'locals helping locals'

Locally coordinated by



In partnership with



What is the Staying in Place Program?

The Staying in Place Program is an innovative community approach that is making it possible for older people in rural and regional areas of Western Australia to stay living in their own home, in their own community.

It is a model that draws on 'locals supporting locals' through coordination from a local group and oversight of an approved aged care provider.

The Dalwallinu Community Resource Centre (DCRC) has partnered with InCasa Country to bring this offering to seniors in Dalwallinu and the surrounding regions.

How we can help you

If you are over 65 years old, or an Aboriginal or Torres Strait Islander over 50 years old, you could be eligible for a **Home Care Package** funded by the Australian Government.

Eligibility for this package is determined through an **ACAT Assessment**, to identify what support might help you return to, or keep the independence needed to manage your day-to-day tasks. You can easily apply online via www.myagedcare.gov.au. All you will need for this is your Medicare Card.

Our dedicated DCRC Coordinator will be on hand to work with you through this process to access the locally available services and support needed to continue living comfortably, safely and independently at home.

We are here to help from the very start, or wherever you are in your independent living journey.



Types of Services

Dependent on your Home Care Package, here is some examples of services that can be accessed.

- **Personal Care:** You decide how much care and support you need.
- **Clinical Care:** Including nursing and allied health specialists.
- **Transport Services:** Getting around from one point to another can be difficult for many people.
- **Domestic Assistance:** We'll support you to remain at home in familiar surroundings.
- **Social Support:** With our support, you'll feel connected to your local community.
- **Meal Assistance:** We can assist with shopping for groceries and preparation of meals.
- **Home Maintenance Services:** You'll enjoy being in the comfort of your own home, by keeping it in a safe and secure condition.

These services can be utilised according to your needs and budget, providing you with the choice, control and flexibility in the way your care is delivered.

Did you know?

- Staying In Place uses a **local workforce** which ensures local money stays local, supporting the future of rural towns.
- All support workers are **verified and screened** by Mable, which also provides required insurances.
- You have **full control** of all aspects of the services provided in your package, including choosing your support workers.



How it works

1. Contact the Dalwallinu Community Resource Centre to speak to the Program Coordinator via
 - **phone:** 9661 1802
 - **email:** projects2@dalwallinucrc.net.au
 - **in person:** At the DCRC Office, Johnston St Dalwallinu
2. Discussion on the who, what, where and when of the services and support you are needing. You are encouraged to bring along a family member or support person.
3. Assistance through the ACAT (Aged Care Assessment Team) Assessment process to receive a Home Care Package through the Australian Government.
4. Execution of the Home Care Agreement and other relevant documents with InCasa Country.
5. Completion of the clinical assessment in your home by a local registered nurse.
6. Commencement and coordination of services using the local workforce through the online Mable platform.
7. Ongoing support and assistance to help you enjoy living happily and comfortably in your own home.

Your Local Coordinator is Katrina Carter


Contact Details

Phone: 9661 1802 or 0400 941 412

Email: projects2@dalwallinucrc.net.au

In Person: the DCRC Office, Johnston St Dalwallinu

Please note that Katrina currently works in the office on Wednesdays, but is available via email throughout the week.



"Drop into the CRC on Wednesdays to have a chat about getting you the support you need"